

F|S

FABRICS-STORE.COM

*Our linen is nothing short of addicting*

# ASHA ROBE



## LINEN LUXE MEETS LOUNGE

*That easy, comfortable linen piece you reach for to envelop yourself after a relaxing bath or just entertaining at home with close friends.*

Misses and Women Sizes Included

866.620.2008 ASK@FABRICS-STORE.COM FABRICS-STORE.COM

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# ASHA PATTERN

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*Asha is a high-waist, A-line wrap dress with 3/4 length raglan sleeves. Although we envisioned it to be an upgraded bathrobe, this stylish piece surprised us... easily crossing the lines between lounge and daywear.*

*Sized for ladies 0/2 to 28/30*

*Simple instructions for the intermediate sewist.*

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PICTURED: LAURA WEARING IL020 3.5 OZ LINEN IN COBALT.

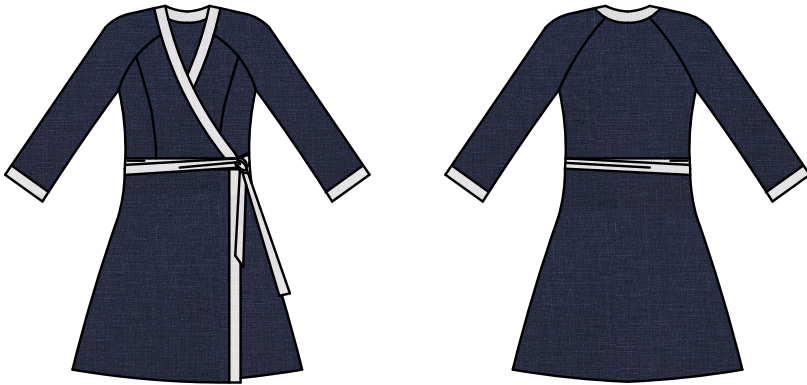


Our lovely model Laura is 5'10" and wearing size 4/6 of this pattern with no adjustments.

# PATTERN DETAILS

## ASHA ROBE

Sizes: 0/2 to 28/30



- Wrap Front
- - Semi-fitted
- Two-part raglan sleeves 3/4 length
- Front bust seams
- Slight A-Line skirt shape
- Bias bands at neckline/front edges
- Doubled tie belt to loop at side
- Two buttons/buttonholes at waist

## FABRICS & SUPPLIES

### Fabrics:

- Main fabric: medium weight linen
- Trim/sash: contrast color of linen.

### Notions:

- Two flat buttons for closure at front waist, size 3/8" to 1/2" diameter.

## SIZING & YARDAGE

**Misses/Women's Size Guide Based on Body Measurements in Inches**

Size	0/2	4/6	8/10	12/14	16/18	20/22	24/26	28/30
Bust	33-34	35-36	37-38	39-40	42-44	46-48	50-52	54-56
Waist	25-26	27-28	29-30	31-32	34-36	38-40	42-44	46-48
Hip	35-36	37-38	39-40	41-42	44-46	48-50	52-54	56-58

**Finished Garment Measurements - Approximate in Inches**

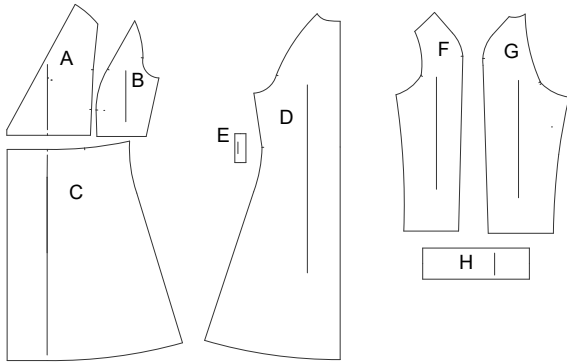
Size	0/2	4/6	8/10	12/14	16/18	20/22	24/26	28/30
Bust	35	37	39	41	45	49	53	57
Waist (high)	32	34	36	38	42	46	50	54
Hips	42	44	46	48	52	56	60	64
Dress Length	37 1/5	37 1/2	37 4/5	38 1/8	38 5/9	39	39 2/5	39 5/6
Sleeve Inseam	15 4/7	15 5/8	15 2/3	15 3/4	15 4/5	15 6/7	16	16

**Estimated Yardage - 54" Width Linen - Shrinkage Has Been Calculated**

Size	0/2	4/6	8/10	12/14	16/18	20/22	24/26	28/30
Main Fabric	2 yards				3 yards			
Contrast	1 yard				1 yard			

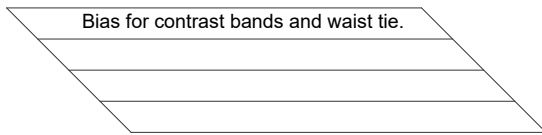
# PATTERN & CUTTING GUIDES

## PATTERN PIECE REFERENCE



- A: FRONT BODICE - CUT 2 IN LINEN "FACE TO FACE"
- B: SIDE FRONT BODICE - CUT 2 IN LINEN "FACE TO FACE"
- C: FRONT SKIRT- CUT 2 IN LINEN "FACE TO FACE"
- D: BACK - CUT 1 IN LINEN CENTER BACK "ON FOLD"
- E: BELT LOOP- CUT 2 IN LINEN
- F: FRONT SLEEVE- CUT 2 IN LINEN "FACE TO FACE"
- G: BACK SLEEVE- CUT 2 IN LINEN "FACE TO FACE"
- H: CUFF- CUT 2 IN CONTRAST LINEN

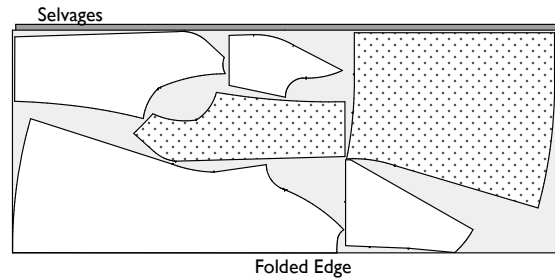
BIAS STRIPS- CUT 4 TO 6 LENGTHS IN CONTRAST LINEN



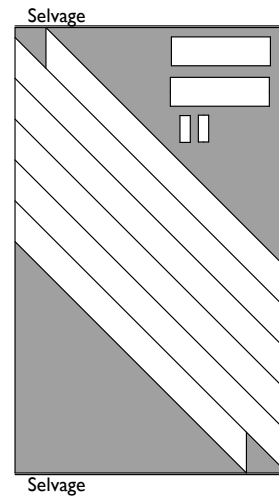
## CUTTING LAYOUT EXAMPLES

RIGHT SIDE OF PATTERN	BACK SIDE OF PATTERN	RIGHT SIDE OF FABRIC	WRONG SIDE OF FABRIC

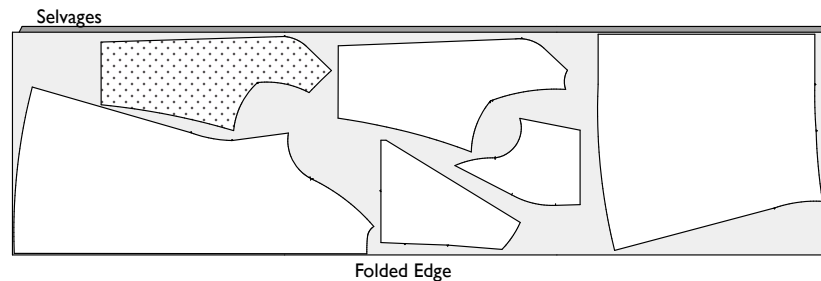
Main Fabric- Sizes 0 to 14



Contrast- All Sizes  
4 Bias Strips for 0 to 14  
6 Bias Strips for 16 to 30



Main Fabric- Sizes 16 to 30



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## SEWING & PREPARATION TIPS:

Sewing with quality linen from Fabrics-Store is very enjoyable! Linen is a stable fabric that does not easily shift or slip, which is a very helpful characteristic for sewing a neat and even seam with little effort. You do not need to “push” or “pull” the fabric while sewing... just simply guide it.

*Pre-washing:* You will want to prewash and dry your linen fabric in the same manner you would your finished garment. This will soften your fabric, and eliminate further shrinkage in your final garment.

If you plan on only dry cleaning your final garment, likewise you will want to dry clean the fabric before cutting and sewing. Secure the raw edges with a zig-zag or serger stitch before washing to avoid fraying. You may also sew the two raw edges together to form a continuous piece to avoid twisting in the wash. Remove fabric from dryer while it is still slightly moist. Press any deep creases or wrinkles using your iron's steam setting with high heat, using a protective press cloth if needed to avoid scorching.

*Fine Seaming:* To ensure that your seaming will last as long as your linen garment, we encourage “single-needle” tailoring and French seaming. Once you think of French seams as simply sewing the seam twice to encase the raw edges, you will see that it does not take that much more time than the second step of using a serger. Setting the stitch length on your sewing machine to 2mm (about 12-14 stitches per inch) makes for a very durable seam, and is also an attractive indication of fine tailoring.

*Alternate Seaming:* If you instead prefer to stitch your seams regularly and serge the raw edges, simply sew the seams with the full 5/8” allowance. You can then serge the raw edges, allowing the machine to trim 1/8” off the edges. This will result in seam allowances finishing at 1/2”.

*Pressing:* For best results, it is highly recommended that you press your seams as you finish sewing each of them. Pressing with a steam iron (and press cloth if needed) will help “set” the stitches into the fabric. You will find it is much easier to press your seams “as you go” instead of trying to press them all after the garment is finished.

*Sewing Glossary:* If certain sewing terms and techniques are new to you, please refer to the sewing glossary at the end of this document.

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## SEWING INSTRUCTIONS:

1. Sew front bust princess seams. Carefully ensure you have a “left” and “right” bodice.
  2. Sew front bodice pieces to front skirt pieces
  3. Sew sides seams of front dress to side seams of back dress
  4. Sew inseams and overseams of sleeves. Carefully ensure you have a “left” and “right” sleeve.
  5. Sew sleeves into armholes
  6. Stay stitch/ease neckline edges to prevent the fabric from stretching.
  7. Hem the bottom of the skirt with your preferred method.
  8. Neckline/front binding: Sew ends of bias binding strips for joining to your desired length.
  9. Press a 1/2” fold along each side of the full length of the bias binding of the neckline. Next, fold the entire in half along the full length.
  10. Pin the right side of one of the edges of the neckline bias strip to the wrong side of the dress neckline and front. Leave an Carefully ease/compress the bias to curve slightly around the corners of the front waist. Let the bias extend 1/2” past the hem.
  11. Stitch together with 1/2” seam.
- Next, wrap the unsewn bias edge around to the front. Topstitch the pressed edge to catch and cover the previous seam. Be sure to tuck under the ends of the bias strips at the bottom of the dress hem.
12. Belt/tie: Join the ends of the remaining bias strips to the desired length of your belt/tie. We like a double-length tie to simply “loop and hang” instead of having to tie a knot. For the double tie, the total length should be twice your waist measurement plus and additional 36”. For a singles tie, the total length should be your waist measurement plus an additional 36”
  13. Sewing the belt: fold right sides together and stitch 1/2” along the ends and full length. Leave about a 2” opening. Turn inside out, neatly press. Close the opening by topstitching or a hand slip stitch.
  14. Sew the belt loops right sides together on their length, leaving the ends open. Turn inside out and neatly press. Fold under the ends 1/4” and press. Attach the beltloops at waist level on the back waist near the side seams by topstitching the upper and lower edges. Be sure to give a little slack in the belt loop so the sash can easily pass through it.

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## SEWING INSTRUCTIONS (continued):

15. Cuff: Press the cuff pieces in the same manner that you did with the bias strips. First press the longer edges under by 1/2", then the full length wrong sides together. Join the edges so the cuff is a closed loop. Pin the right side of one of the edges cuff to the wrong side of the sleeve, aligning the joined seam of the cuff slightly behind the inseam of the sleeve.
16. Stitch together with 1/2" seam. Next, wrap the unsewn cuff edge around to the front. Topstitch the pressed edge to catch and cover the previous seam.
17. If desired, stitch buttons and buttonholes to the front waist on the under and overlap as indicated on the pattern.



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## Glossary:

**Basting Stitch:** A temporary hand or machine loose or long stitch to hold a seam in place before sewing the final permanent stitching.

**Bias grain:** In woven fabrics, this is the diagonal direction at 45 degrees to the grain and crossgrain. There are two bias directions in the cloth, perpendicular to each other.

**Buttonhole:** A slit in the fabric to fasten a button. The raw edges of the slit are finished with a machine or hand sewn zig-zag stitch.

**Edge stitch:** A row of top stitching very close to a seamed edge or folded edge, usually about 1/16th of an inch.

**Fabric- right side:** The side of the fabric which will be the exposed, outside part of a garment.

**Fabric- wrong side:** The inside of the fabric which will be the unexposed side or inside of a garment.

**French seam:** A seam sewn in two steps to encase the raw edges of the fabric within itself, giving a clean finish. 1- Wrong sides together, sew 1/4" seam. 2- Turn right sides together, stitch 3/8" seam. Total 5/8" seam allowance.

**Grainline- cross grain:** The direction of fabric going from selvage edge to selvage edge. In woven fabric, these would also be known as the weft threads of the weave.

**Grainline- on grain:** The direction of fabric running parallel to the selvage edge of the cloth. This is also referred to as the "lengthwise grain". In woven fabric, these would also be known as the "warp" threads of the weave.

**Notch- outward:** Markings on the pattern that indicate an outward triangular cut outside the seam allowance. Notch markings will be arranged to show where two seam edges join properly together. A single wedge will often indicate a front piece, and 2 to 3 wedges together can indicate back pieces.

**Notch- snip:** Markings on the pattern that indicate a small "snip" into the seam allowance. Notch marking will be arranged to show where two seam edges join properly together. A single notch will often indicate a front piece, and 2 to 3 notches together can indicate back pieces.

**Overlock machine:** A specialized sewing machine designed to sew and cut along the raw edge of a fabric seam with a networked stitch to secure the edges from fraying. Also known as a "serger" machine.

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## Glossary (continued):

*Press cloth:* A piece of cloth used to lay over a garment to protect it while ironing from burning or scorching. Usually made of cotton or linen or wool.

*Raw edge:* The cut edge of fabric. If not secured with stitching or a finishing, the raw edge of a fabric can fray or unravel.

*Seam allowance:* The distance from the cut edge of a pattern piece to the sewing line. Seam allowances can vary, so be sure to double check the indicated amounts on your pattern.

2 Inch  
Square to  
Check Print  
Accuracy

**PRINT ONLY THIS PAGE FIRST TO CHECK SCALE**

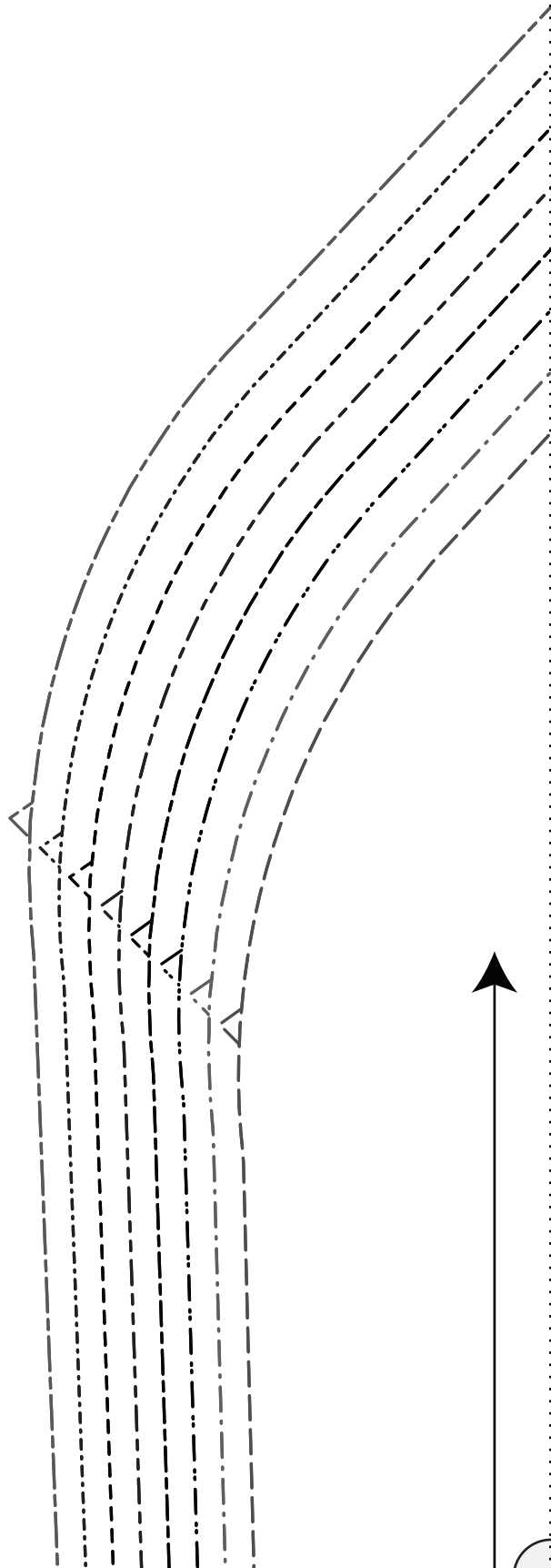
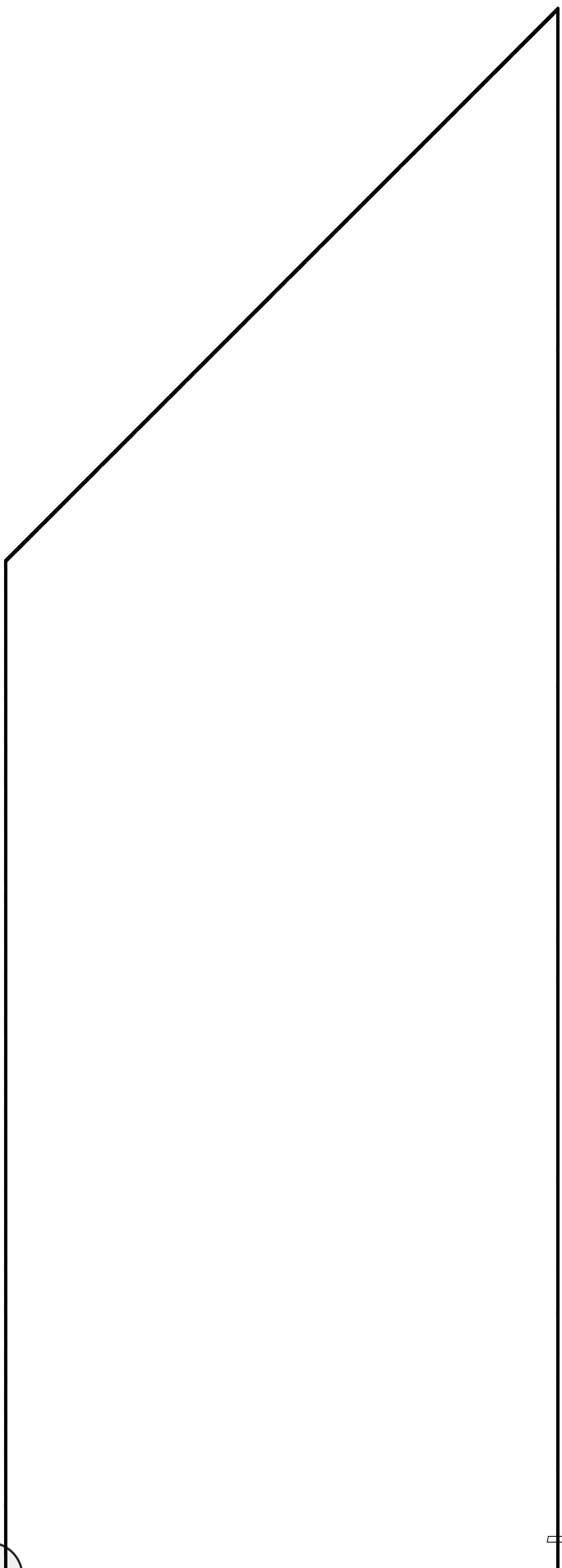
**IMPORTANT! PRINT AT ACTUAL SIZE OR 100% SCALE**

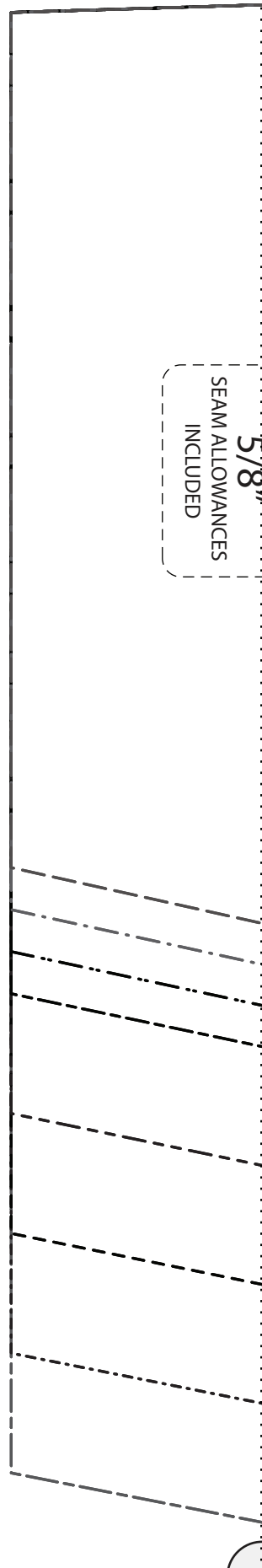
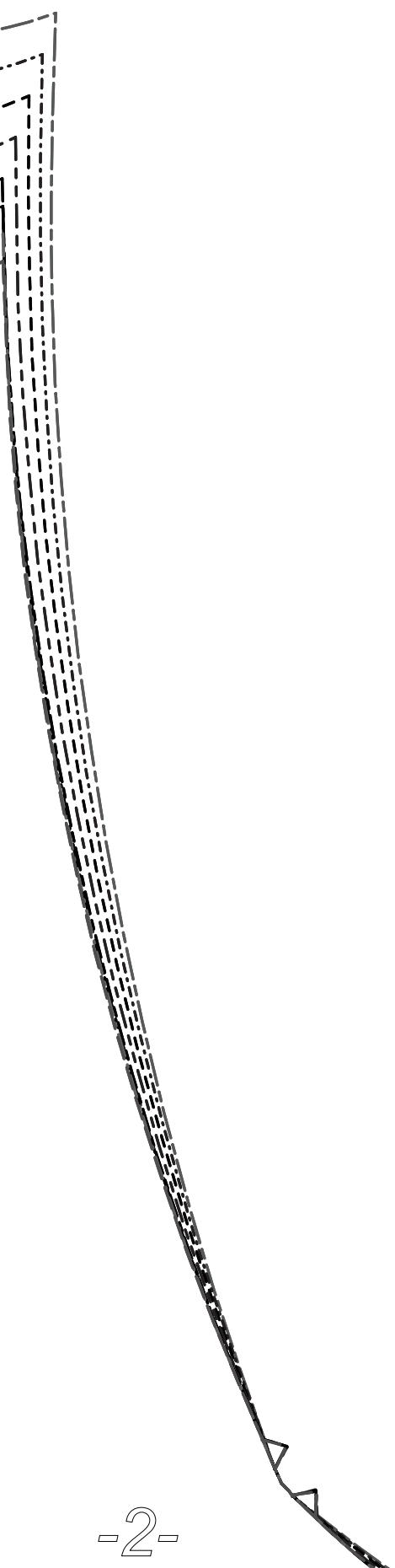
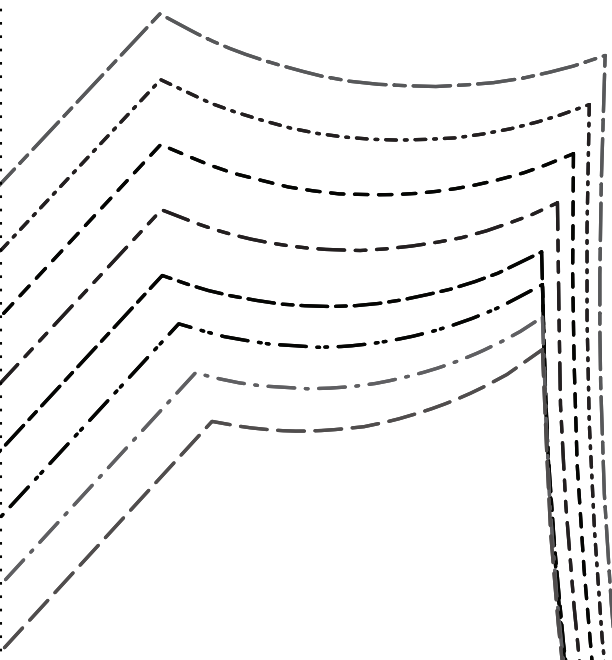
*Formatted for paper sizes A4 and Letter.*

Simply overlap the page margins and align the markings in each corner to complete the circle and tape in place.

**Layered PDF:**  
This pattern has embedded layers so you can print all sizes or a single size. See your .pdf viewers 'Layers' menu.







SEAM ALLOWANCES  
INCLUDED  
5/8"



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“ASHA”

# B: SIDE FRONT BODICE

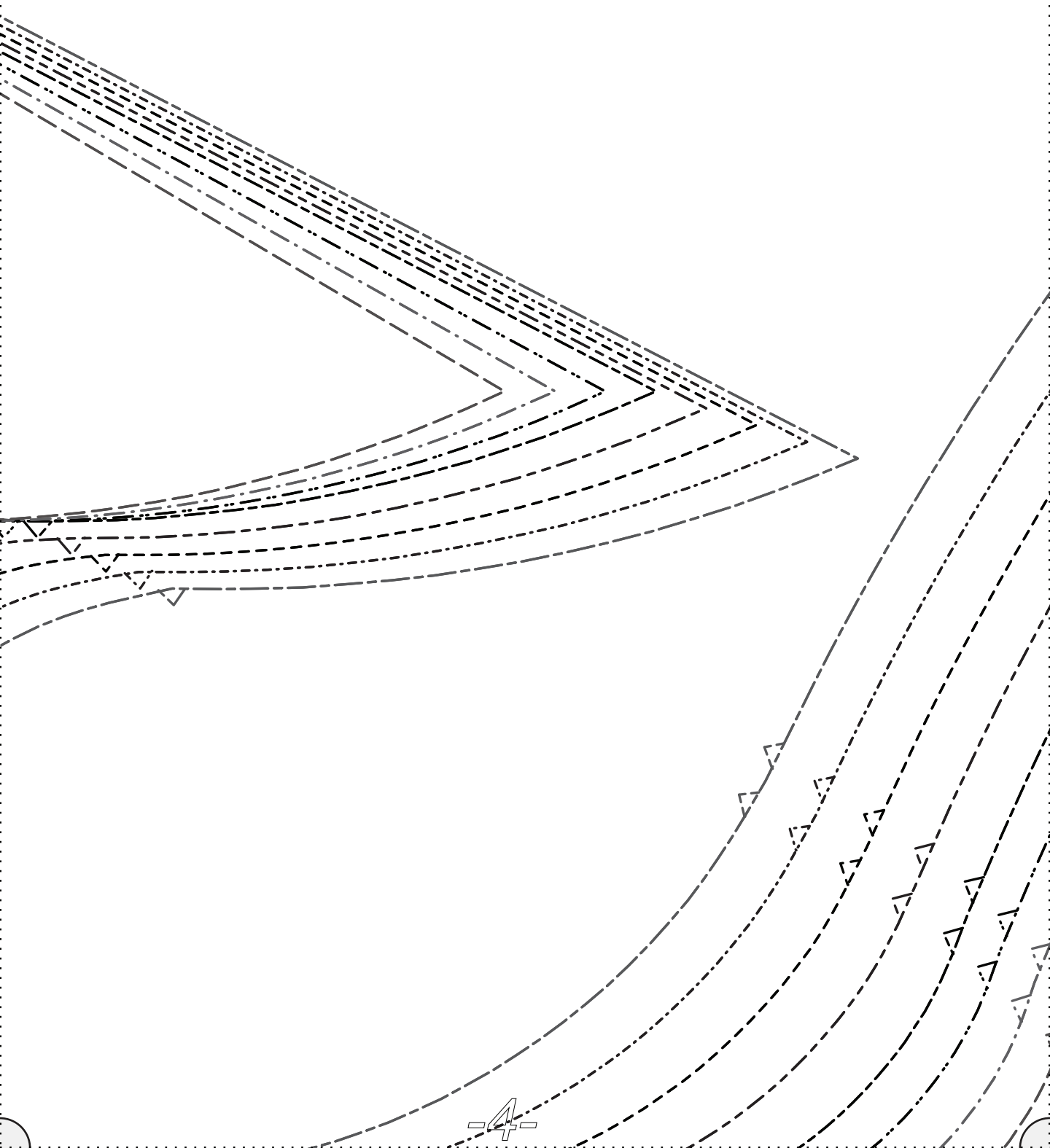
CUT 2 IN MAIN LINEN COLOR  
“FACE TO FACE”

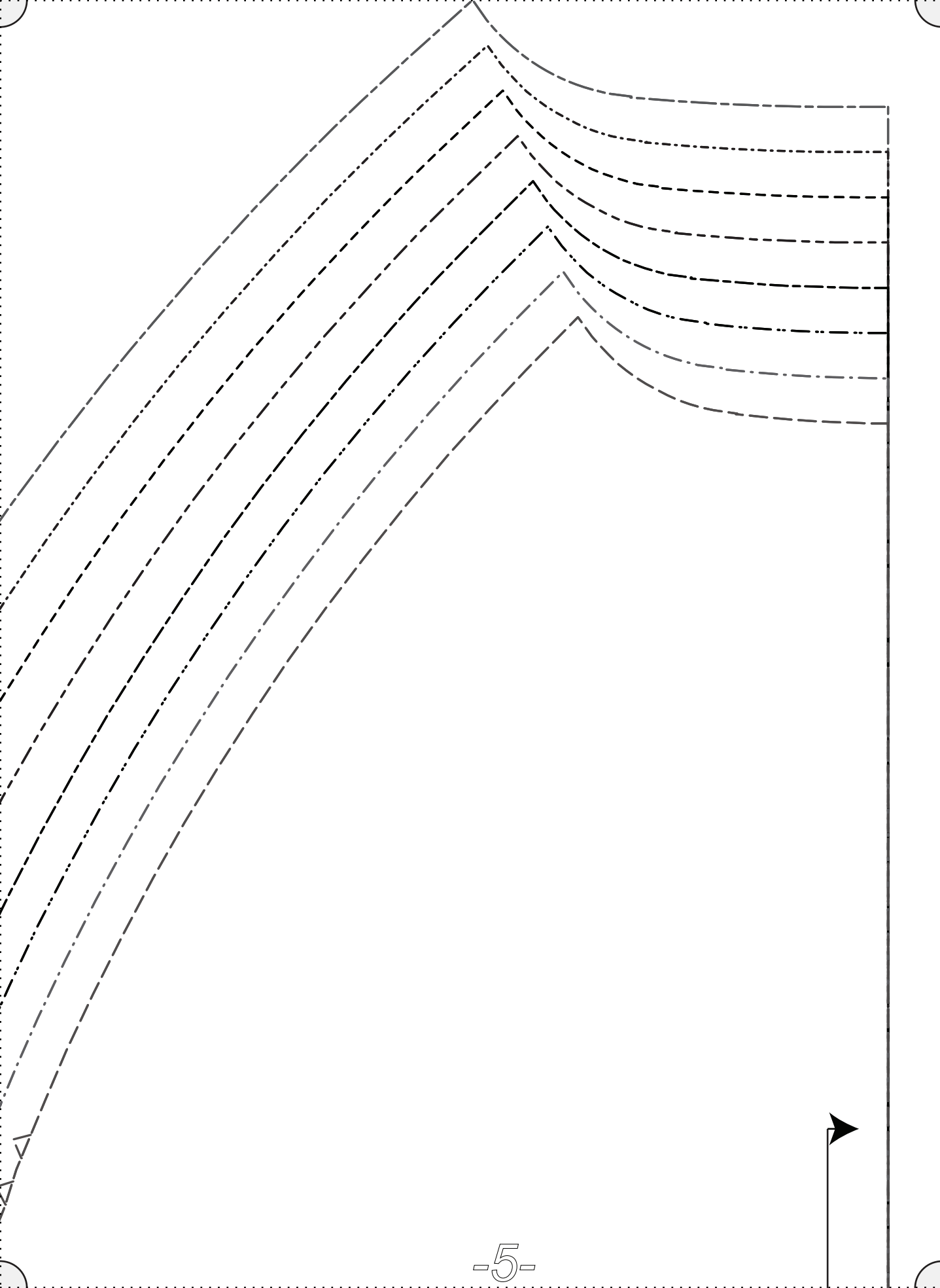
## SIZE LINE TYPES

- 0/2
- 4/6
- 8/10
- 12/14
- 16/18
- 20/22
- 24/26
- 28/30

GRAINLINE

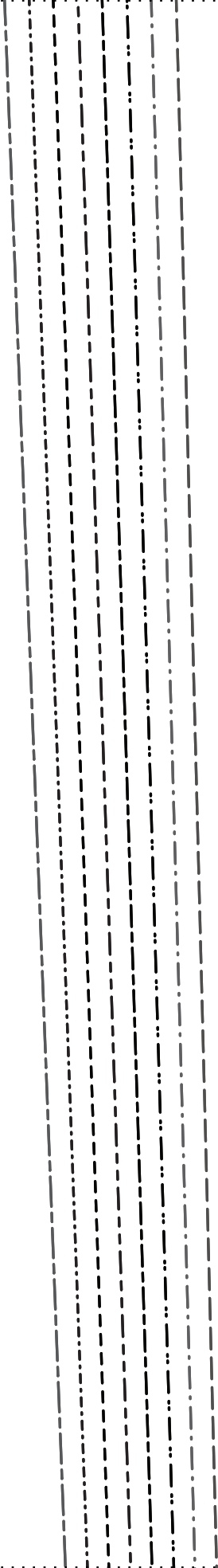








GRAINLINE



1/2 INCH  
SEAM ALLOWANCES  
FOR NECKBAND AND TIE

F | S

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“ASHA”

# G: BACK SLEEVE

CUT 2 IN MAIN LINEN COLOR  
“FACE TO FACE”

## SIZE LINE TYPES

0/2 \_\_\_\_\_

4/6 \_\_\_\_\_

8/10 \_\_\_\_\_

12/14 \_\_\_\_\_

16/18 \_\_\_\_\_

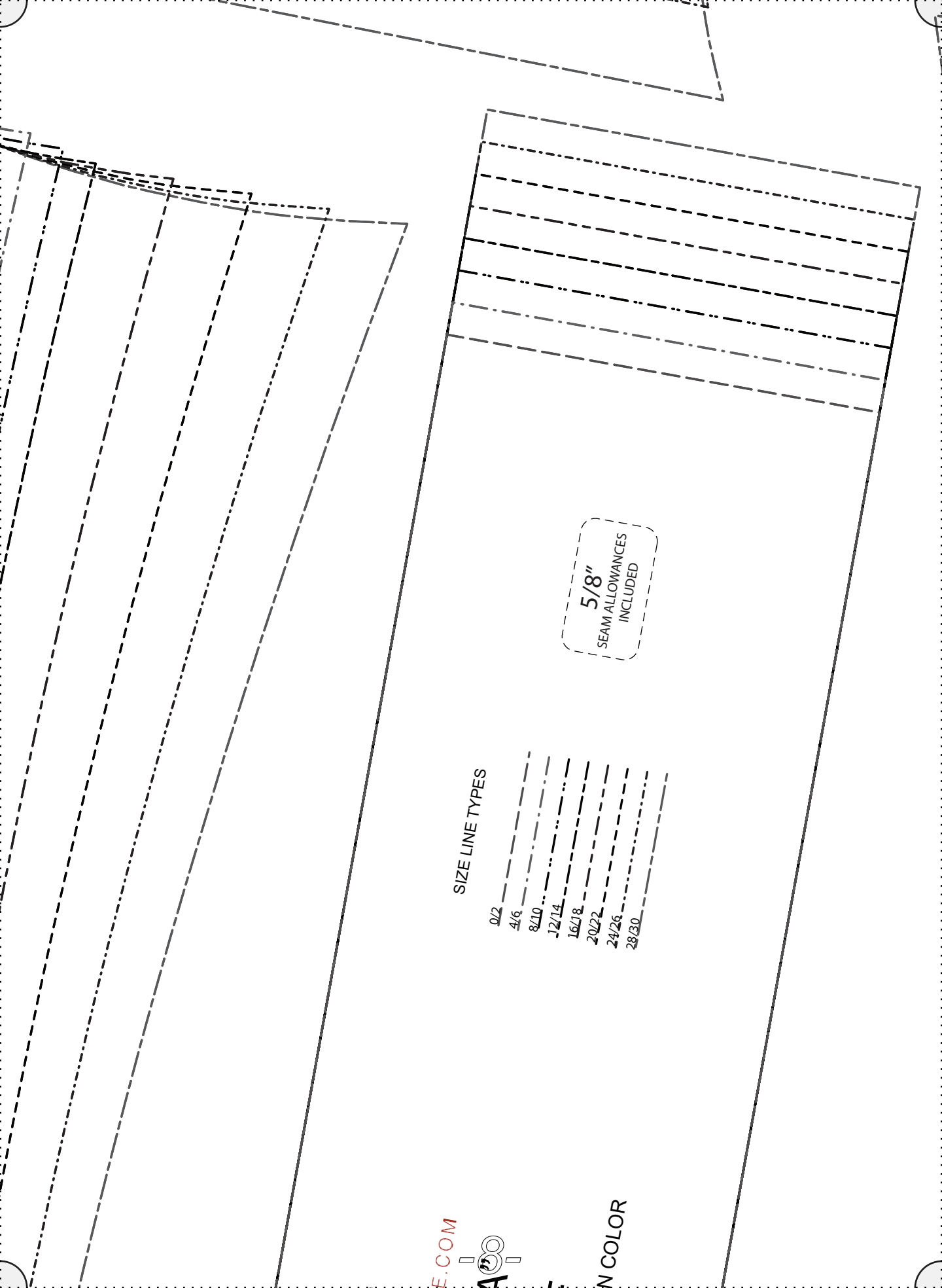
20/22 \_\_\_\_\_

24/26 \_\_\_\_\_

28/30 \_\_\_\_\_

5/8"

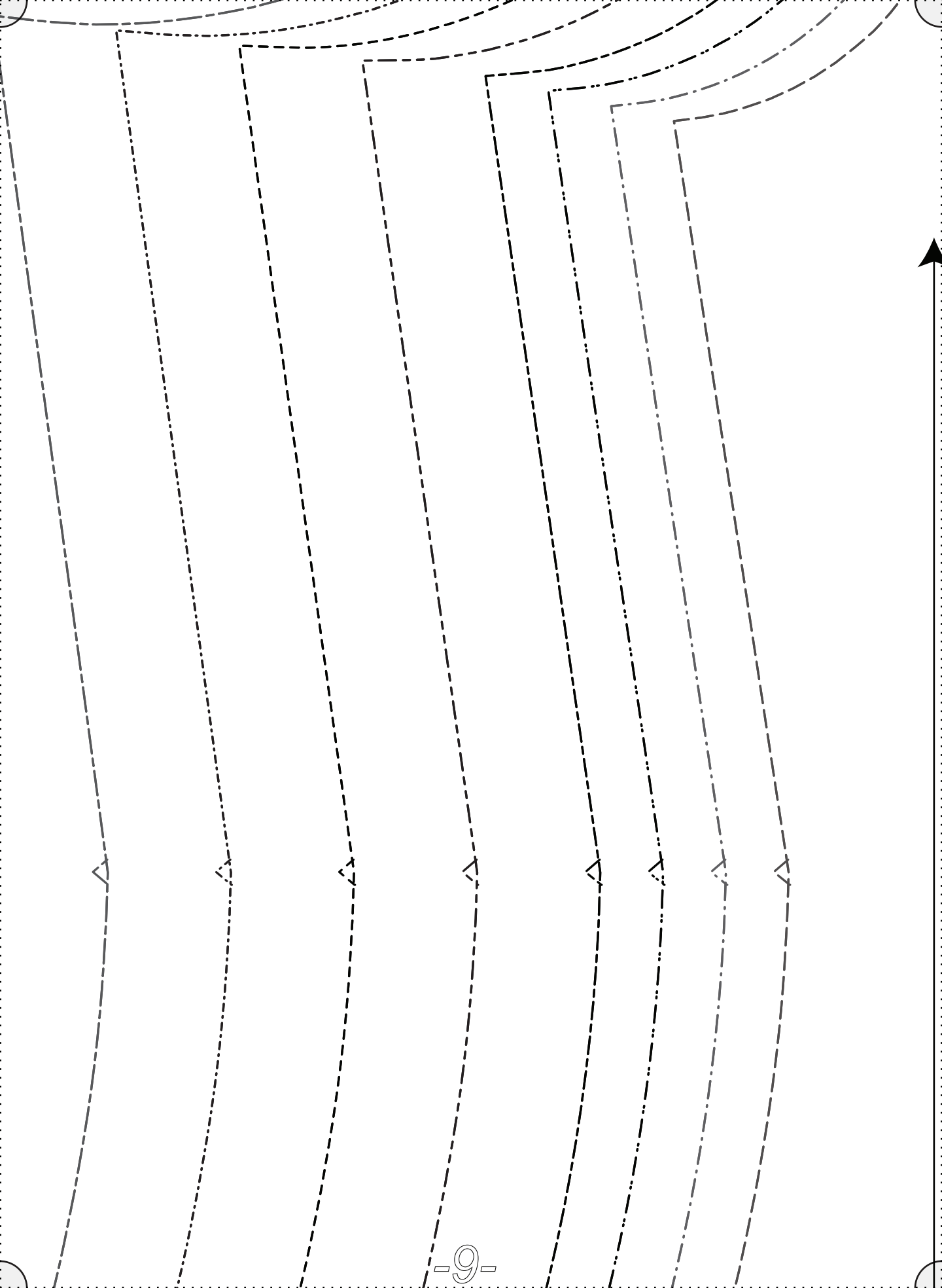
SEAM ALLOWANCES  
INCLUDED



5/8"  
SEAM ALLOWANCES  
INCLUDED

SIZE LINE TYPES

- 0/2
- 4/6
- 8/10
- 12/14
- 16/18
- 20/22
- 24/26
- 28/30



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“ASHA”

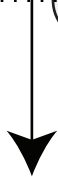
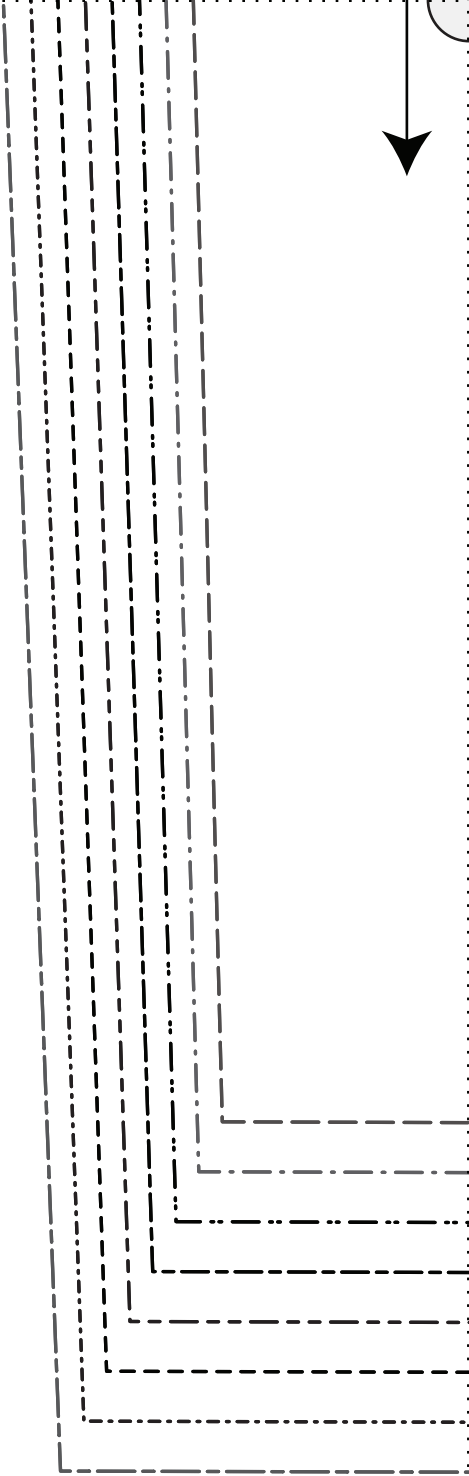
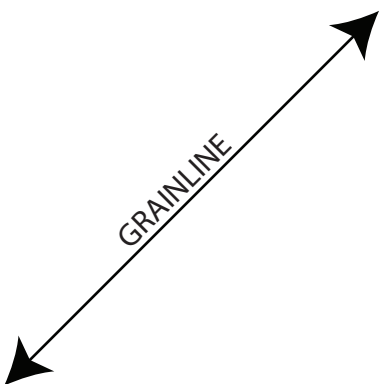
D: BACK

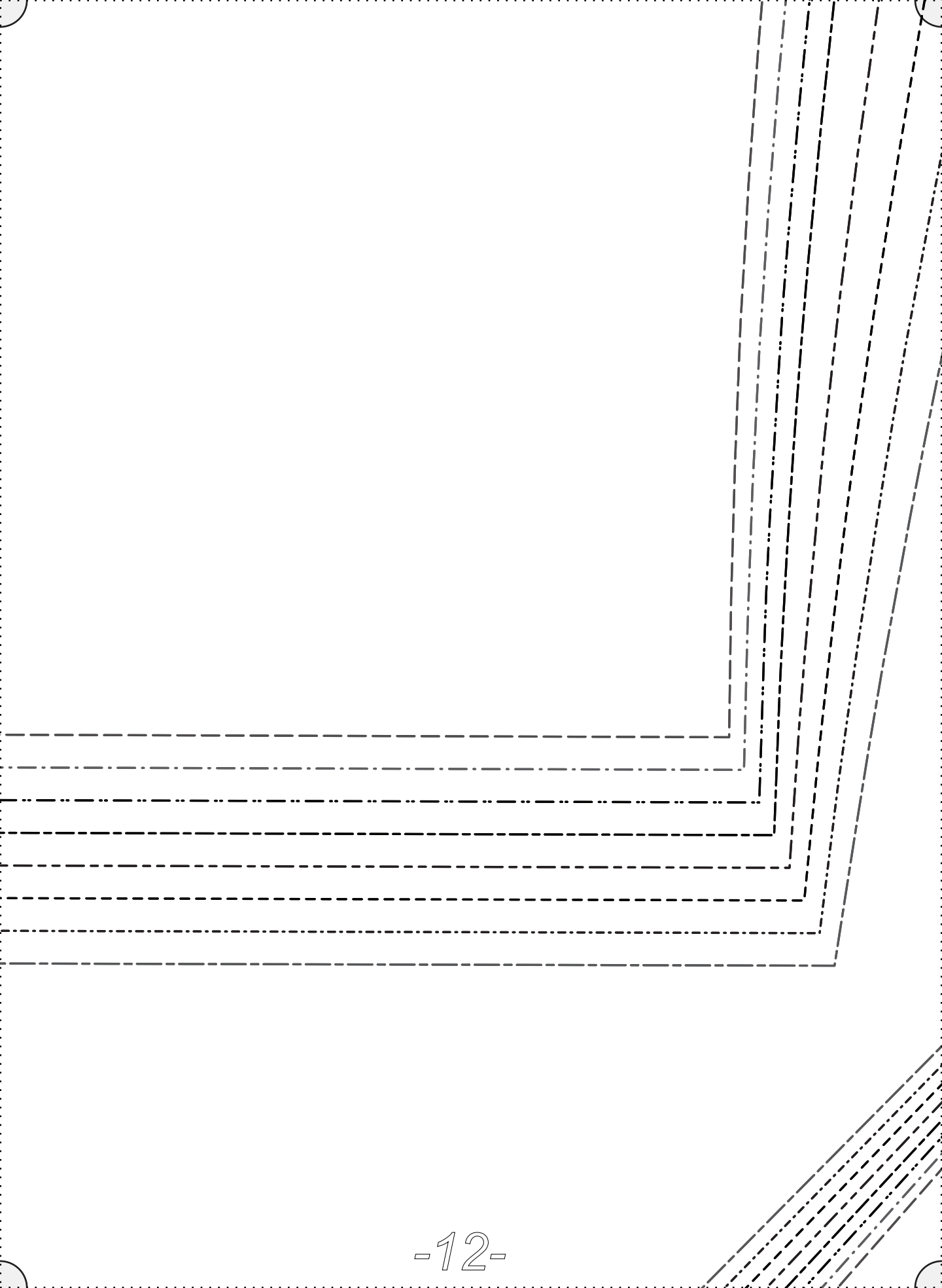
CUT 1 IN MAIN LINEN COLOR  
CENTER BACK “ON FOLD”

PER BACK ON FOLD OF FABRIC

SIZE <sup>10</sup> LINE TYPES

F|S  
FABRICS-STORE.COM  
“ASHA”





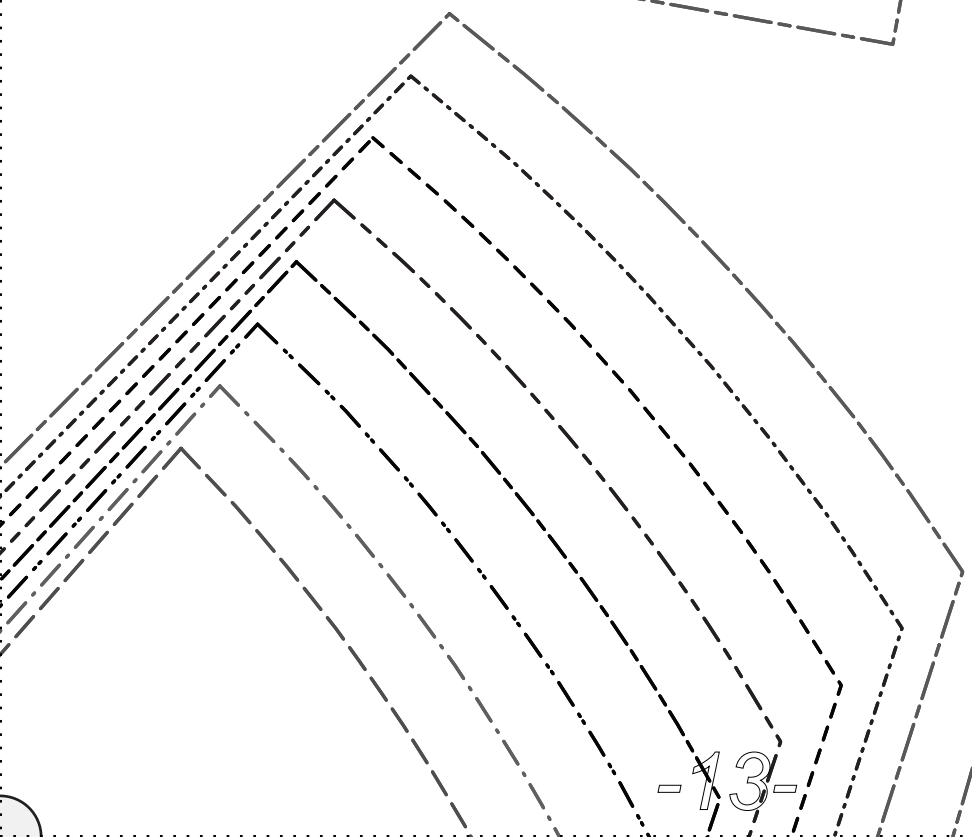
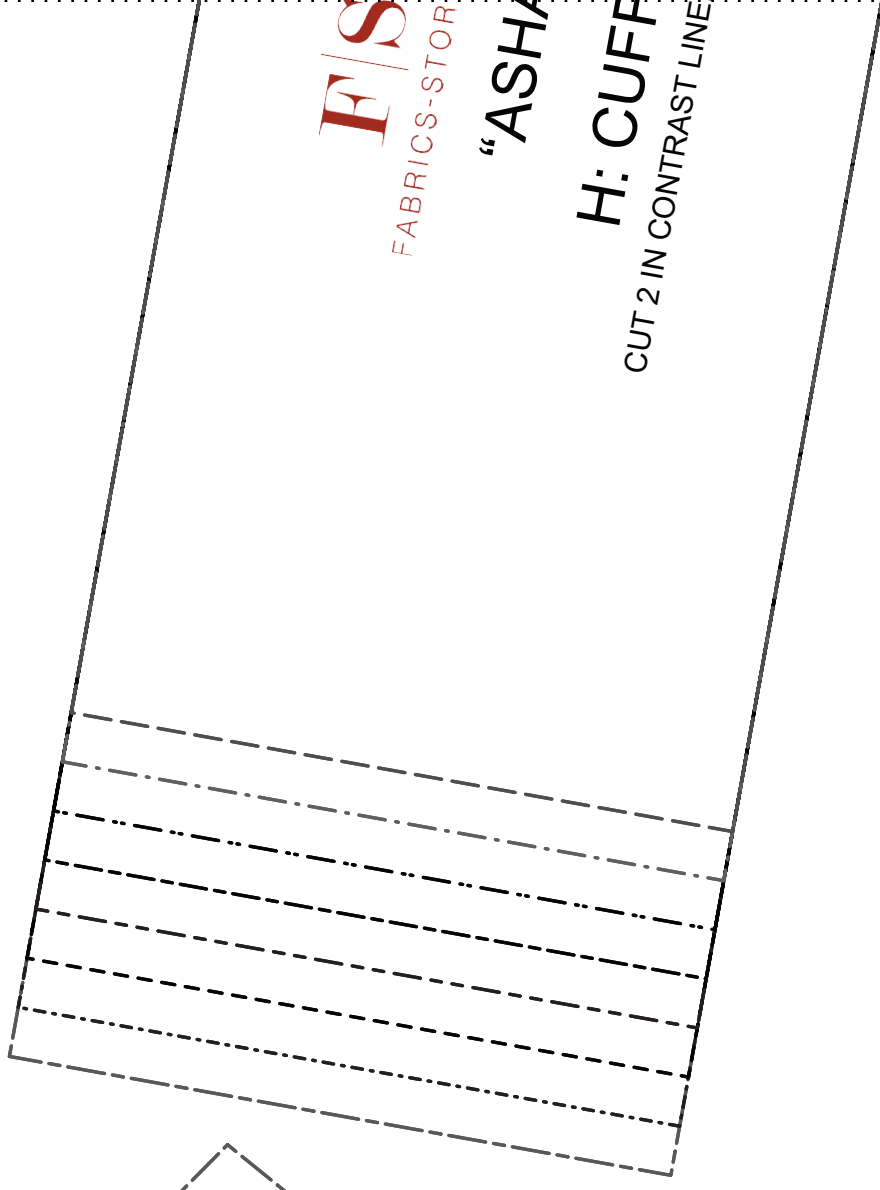
**F/S**

FABRICS-STOR:

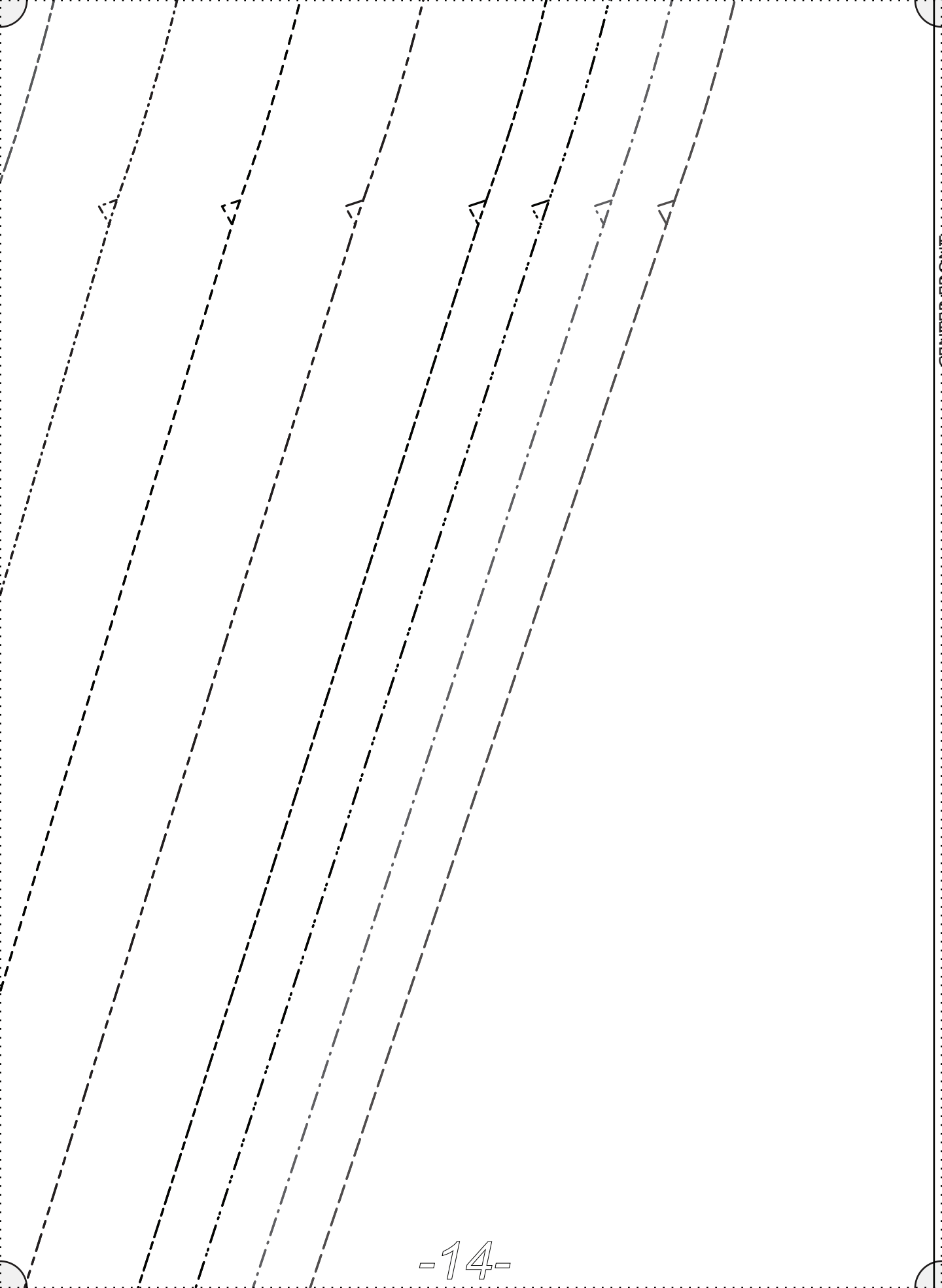
“ASHA”

H: CUFF

CUT 2 IN CONTRAST LINE



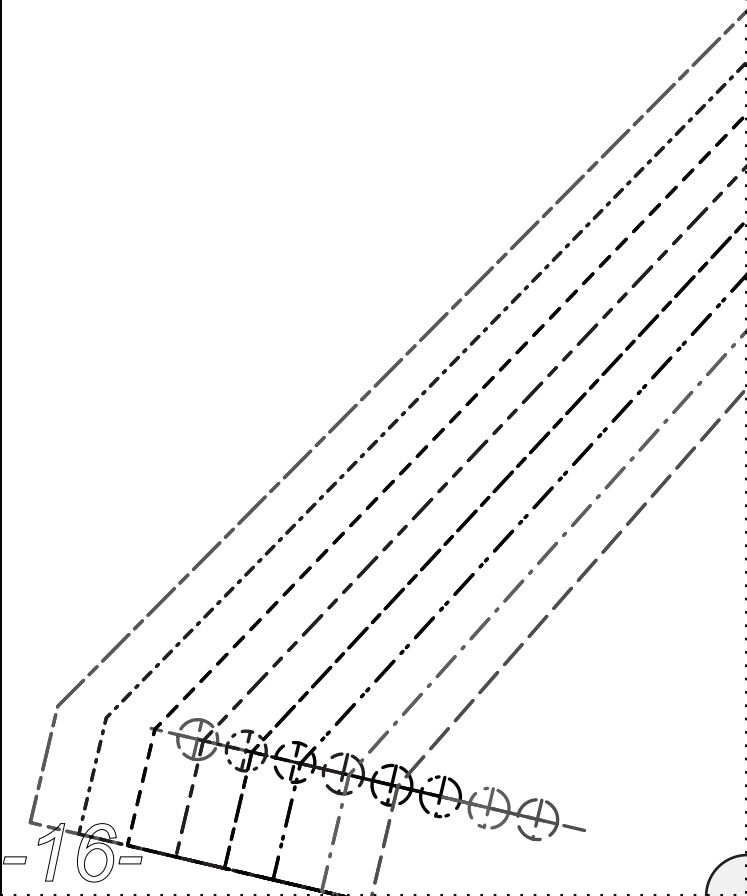




- 0/2 \_\_\_\_\_
- 4/6 \_\_\_\_\_
- 8/10 \_\_\_\_\_
- 12/14 \_\_\_\_\_
- 16/18 \_\_\_\_\_
- 20/22 \_\_\_\_\_
- 24/26 \_\_\_\_\_
- 28/30 \_\_\_\_\_

**5/8"**  
SEAM ALLOWANCES  
INCLUDED





# BIAS STRIPS

CUT 4 TO 5 IN CONTRAST LINEN COLOR  
“AS NEEDED”

**F/S**

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**“ASHA”**

**A: FRONT BODICE**

CUT 2 IN MAIN LINEN COLOR  
“FACE TO FACE”

SIZE LINE TYPES

0/2

4/6

8/10

12/14

16/18

20/22

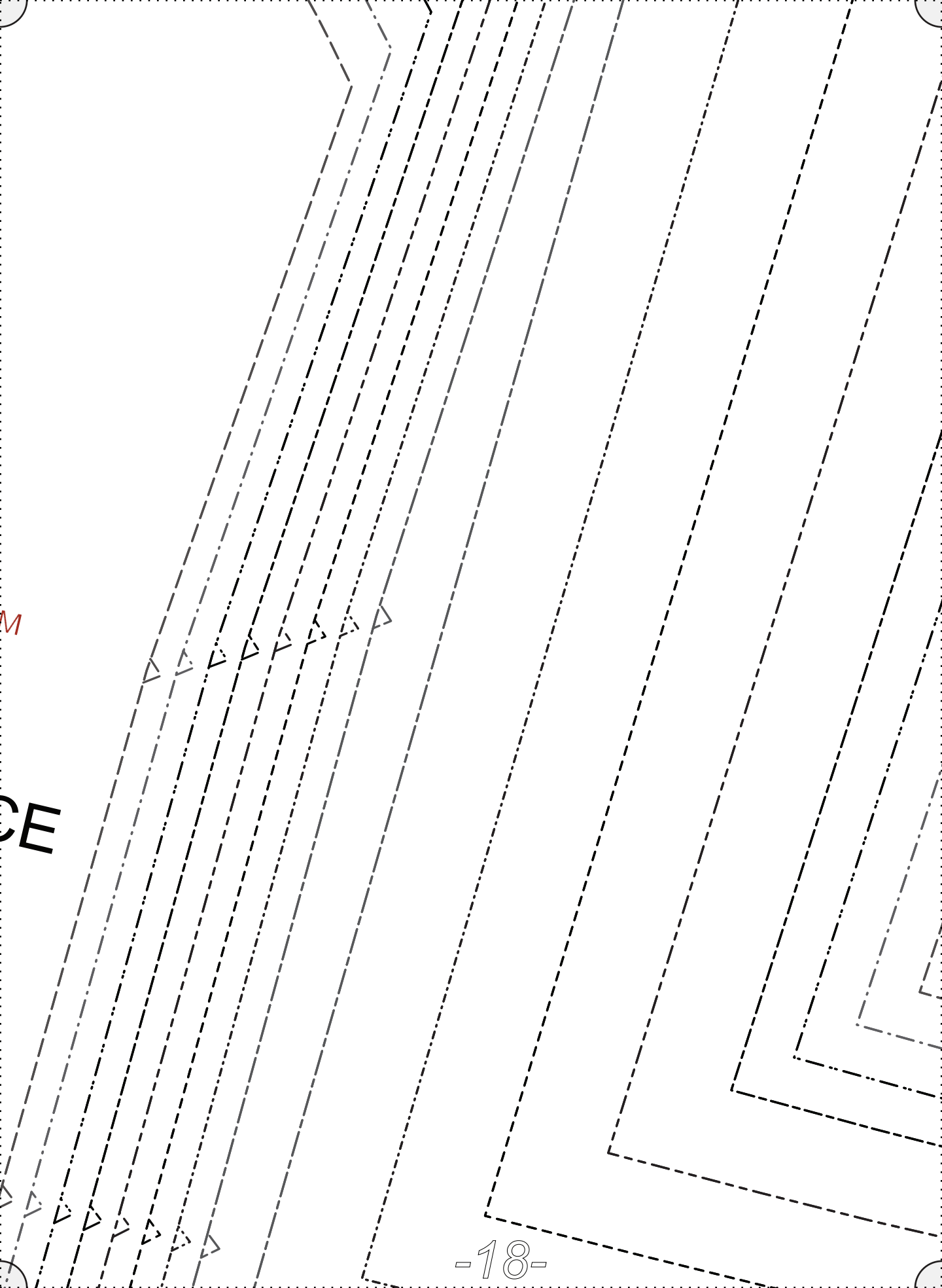
24/26

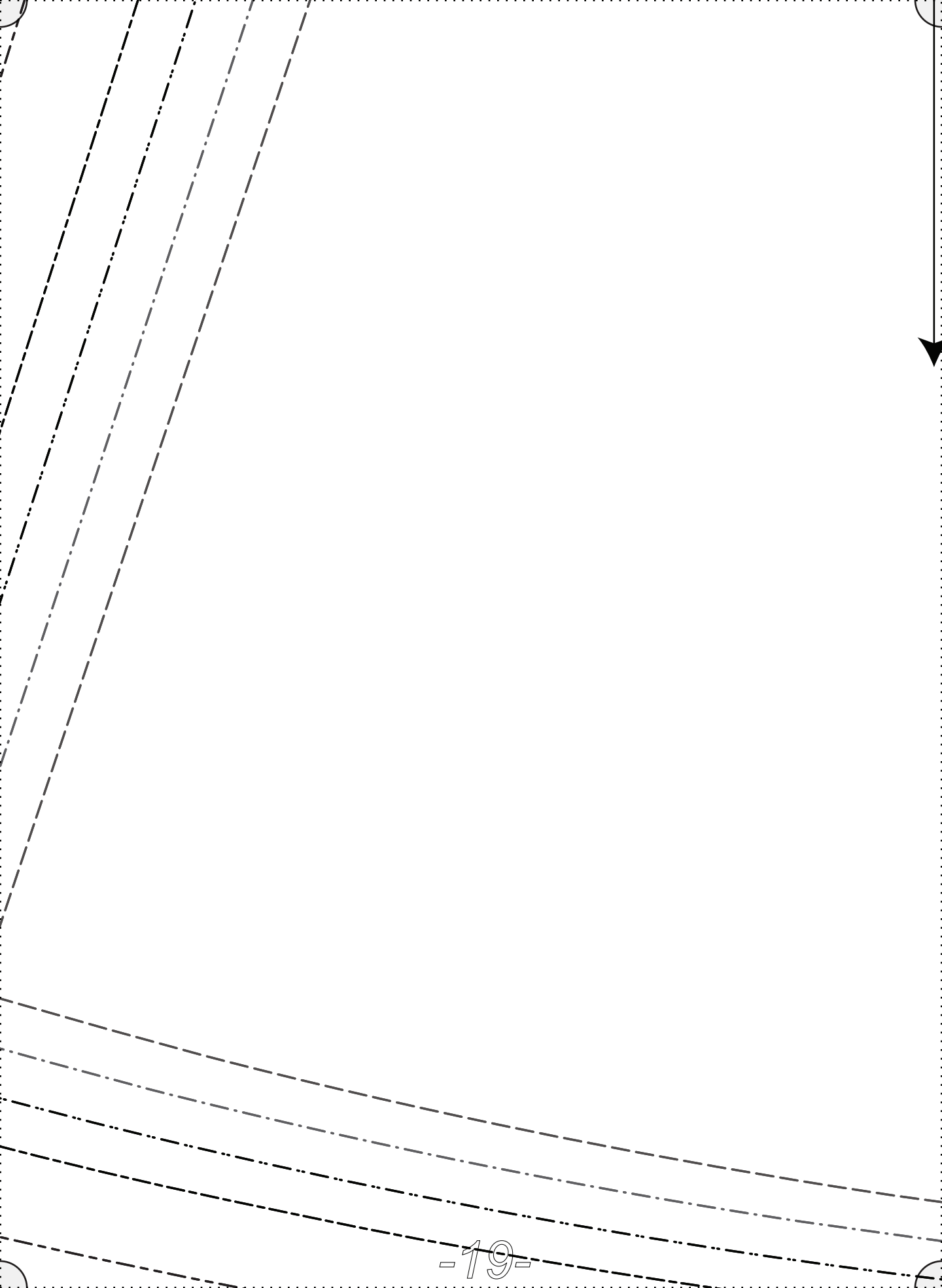
28/30

CENTER FRONT

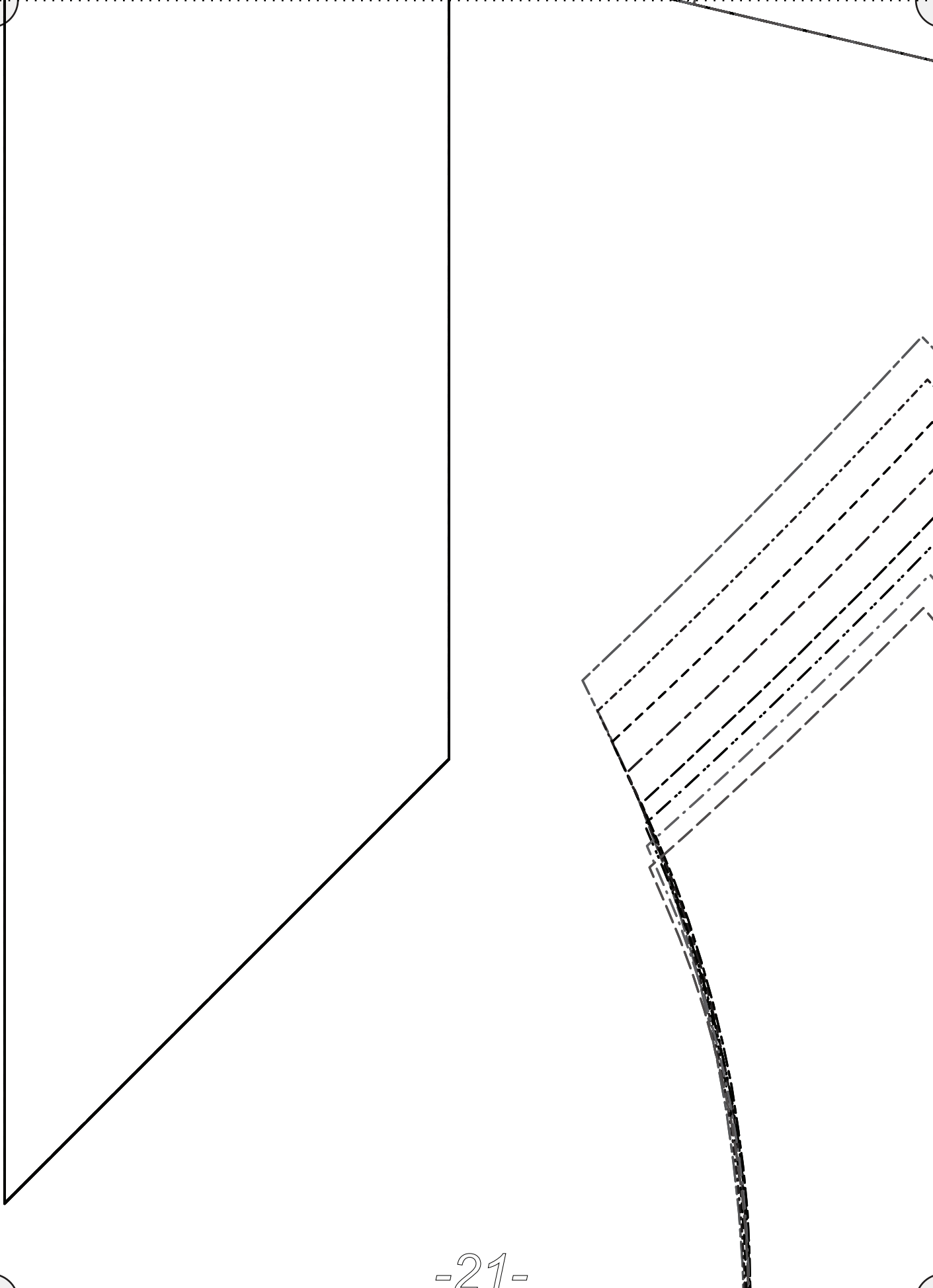
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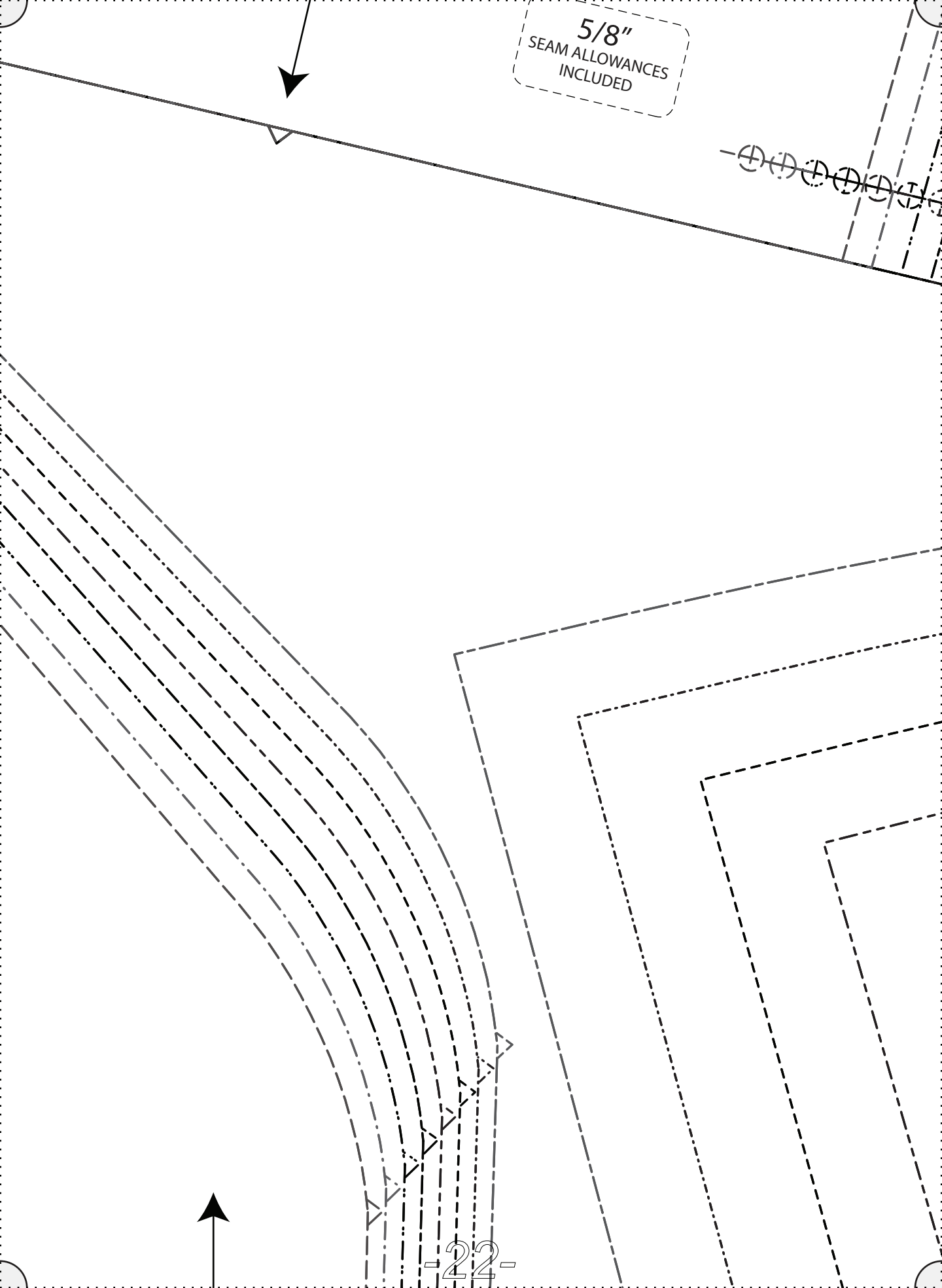


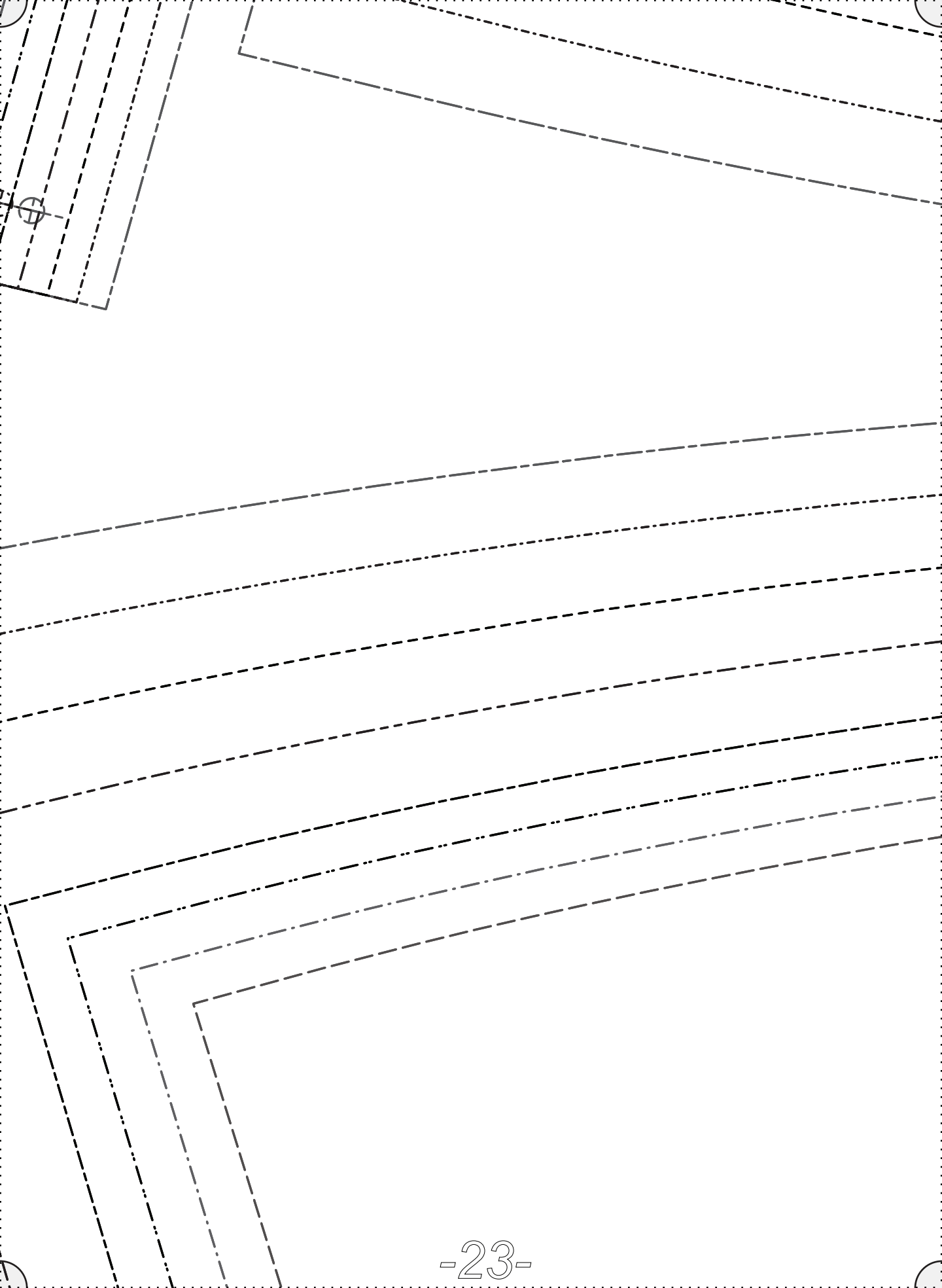


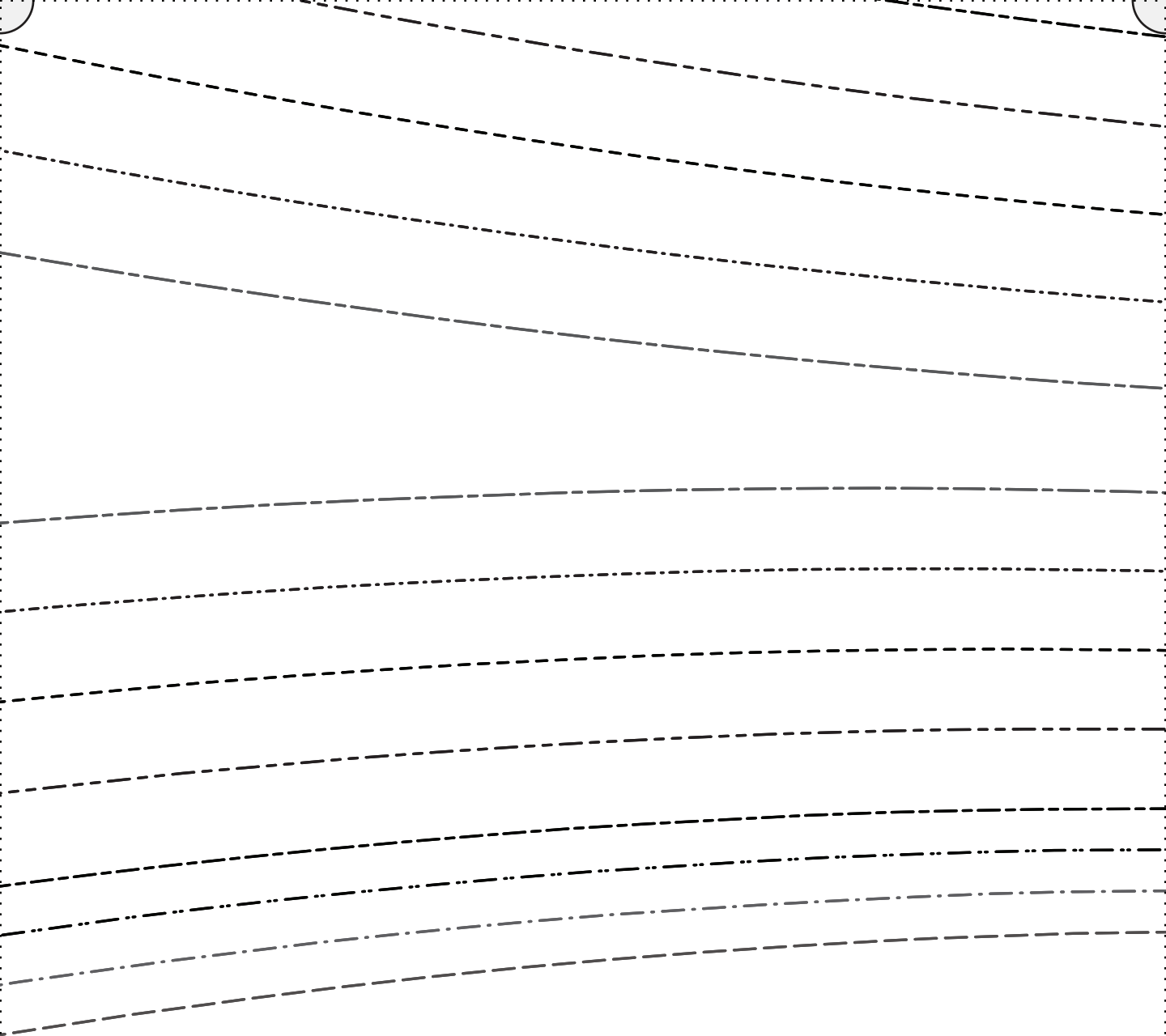


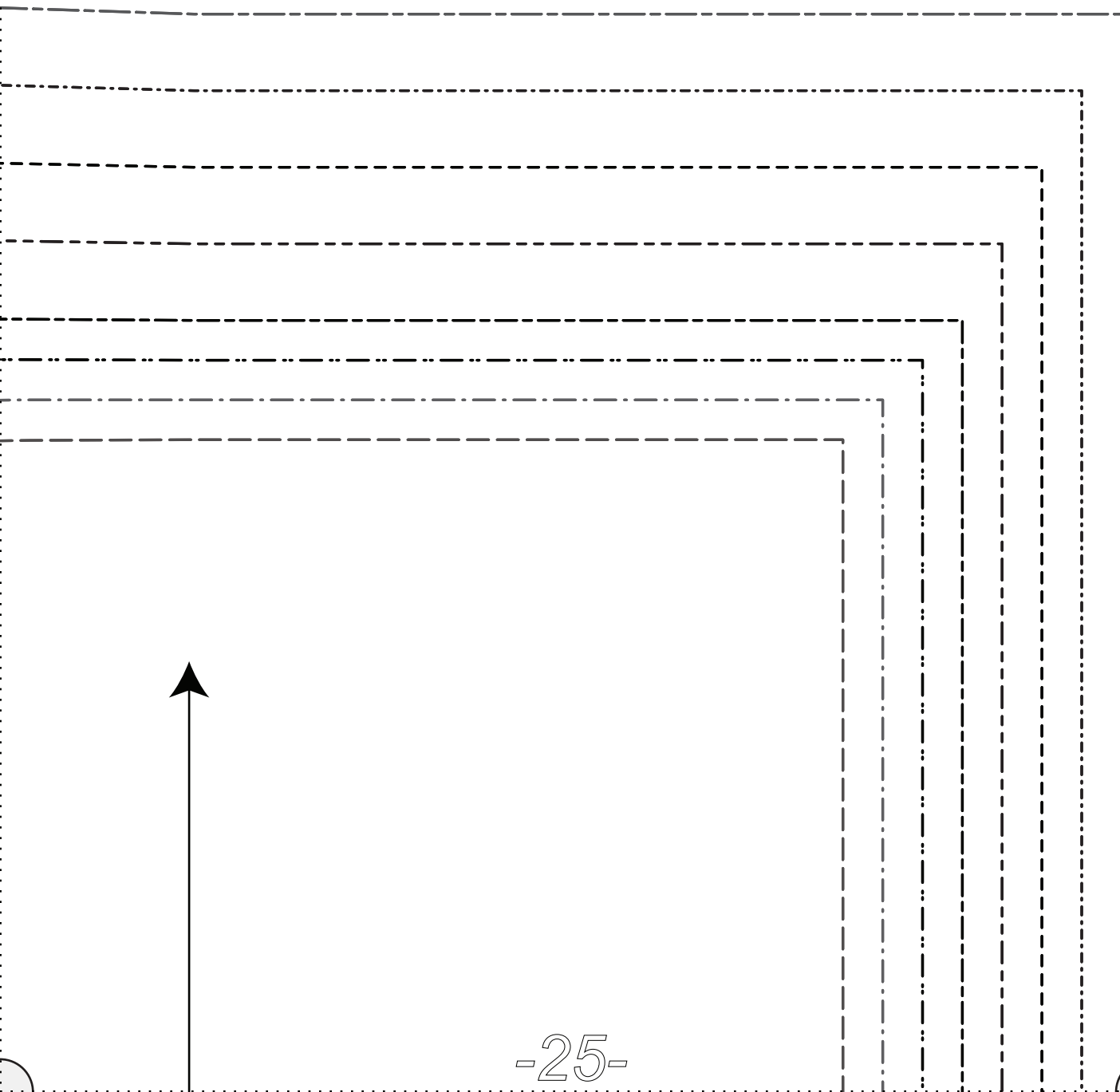
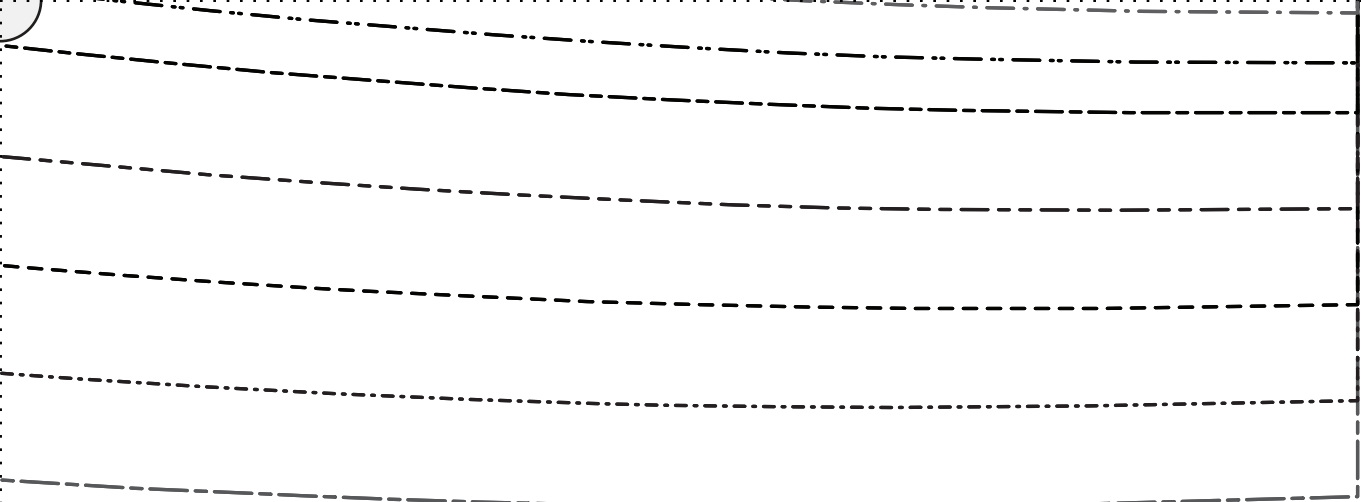


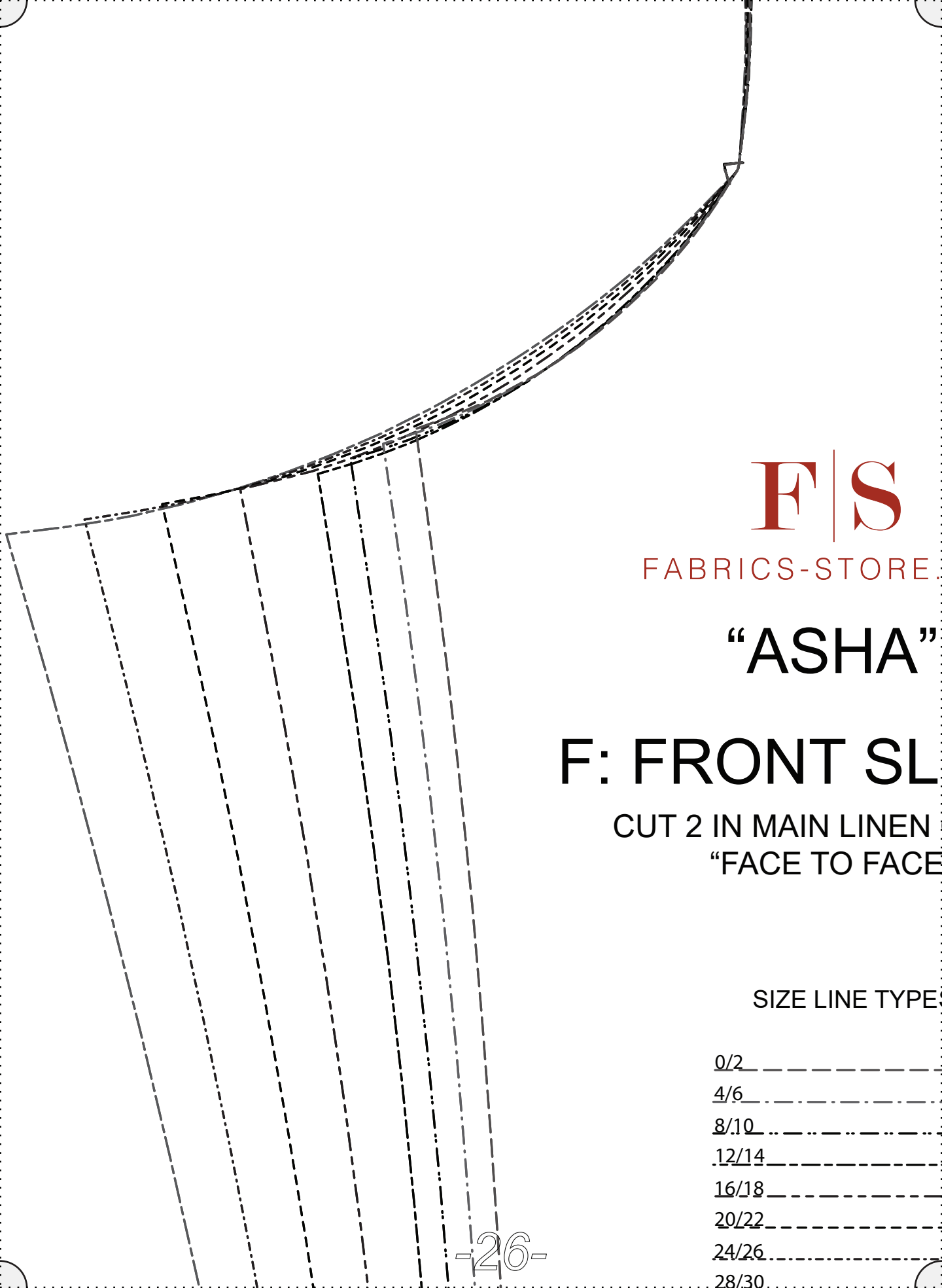
5/8"  
SEAM ALLOWANCES  
INCLUDED











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FABRICS-STORE

“ASHA”

F: FRONT SL

CUT 2 IN MAIN LINEN

“FACE TO FACE”

SIZE LINE TYPE

0/2 \_\_\_\_\_

4/6 \_\_\_\_\_

8/10 \_\_\_\_\_

12/14 \_\_\_\_\_

16/18 \_\_\_\_\_

20/22 \_\_\_\_\_

24/26 \_\_\_\_\_

28/30 \_\_\_\_\_

COM

EEVE

COLOR

GRAINLINE



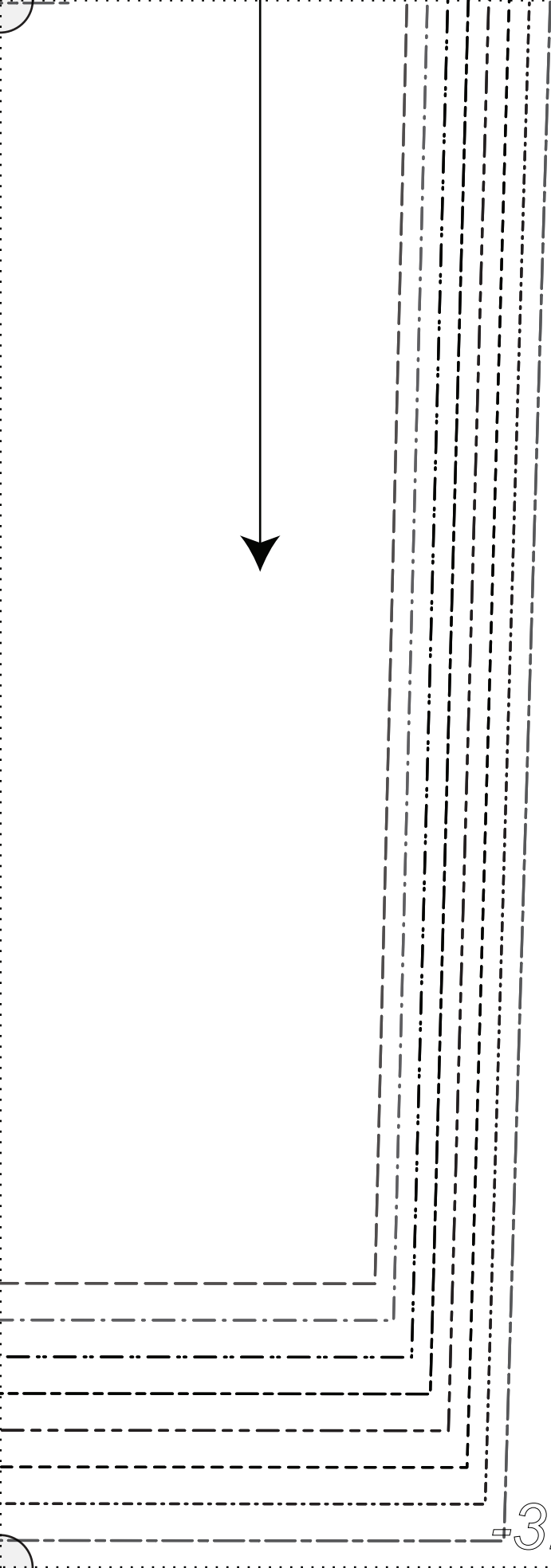
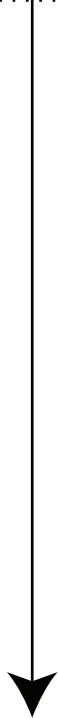
SEAM ALLOWANCES  
5/8" INCLUDED

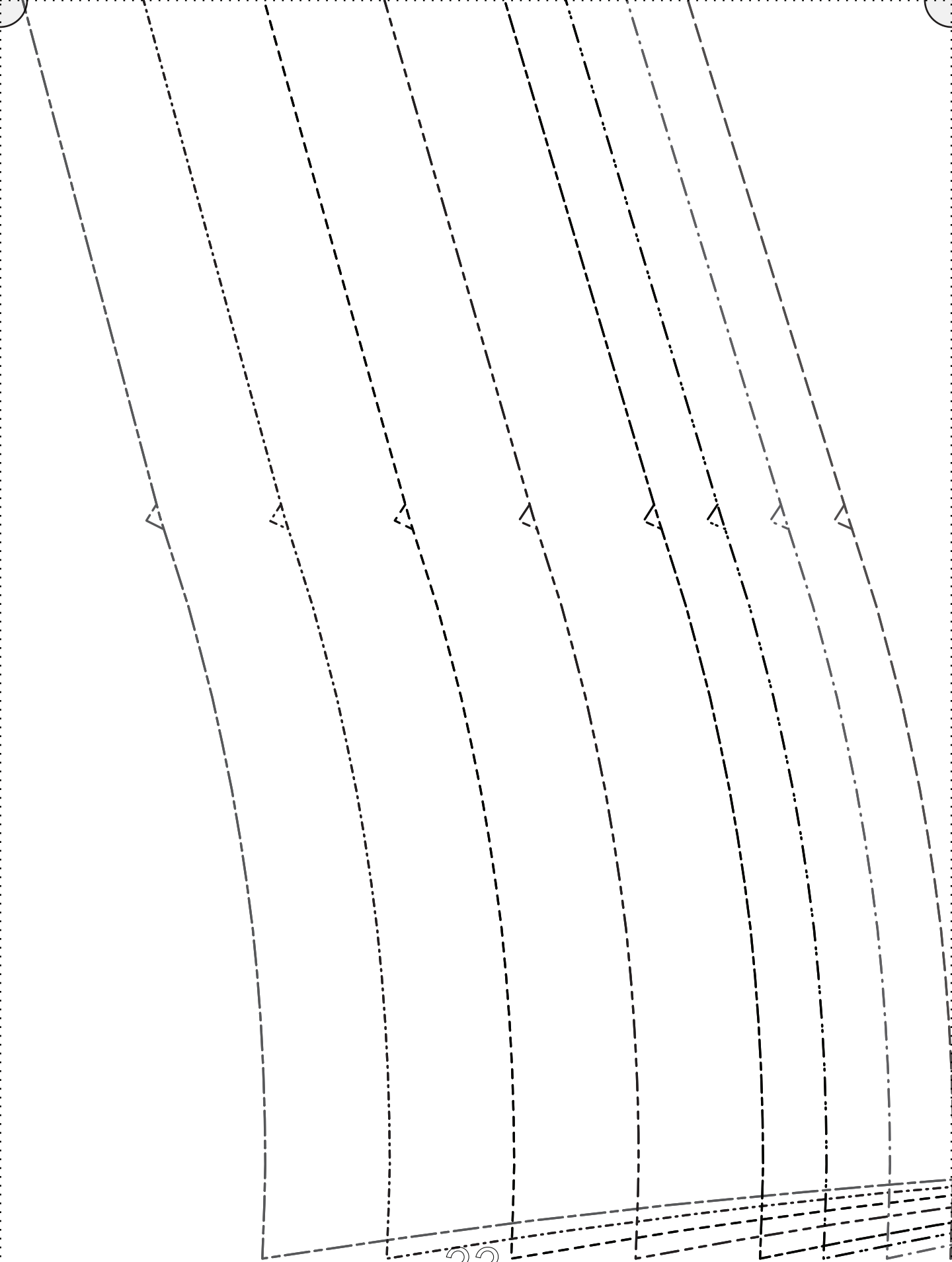
8:10  
12/14  
16/18  
20/22  
24/26  
28/30



CENTER FRONT

5/8"  
SEAM ALLOWANCES  
INCLUDED





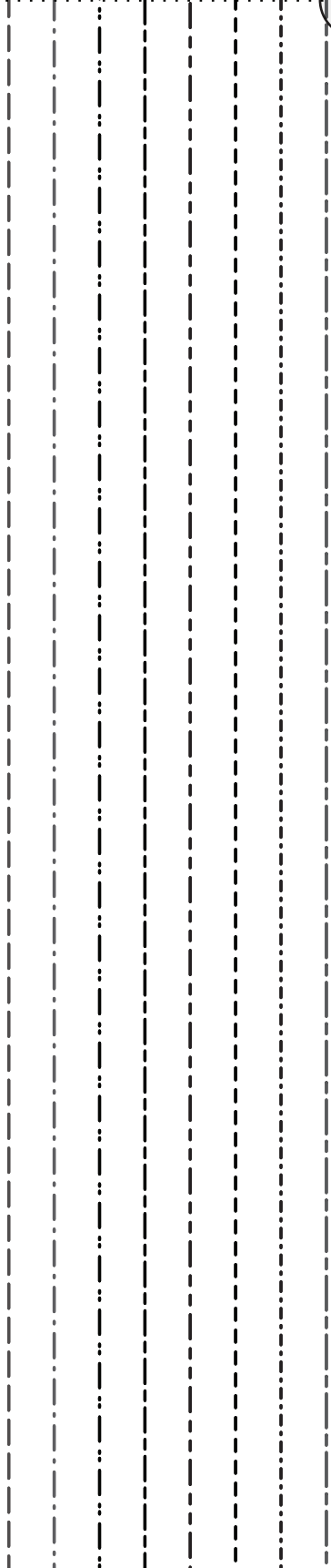
0/2  
4/6  
8/10

SIZE LINE TYPES

C: FRONT SKIRT  
CUT 2 IN MAIN LINEN COLOR  
"FACE TO FACE"  
"ASHA"

FABRICS-STORE.COM

F | S



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# *Thank you*

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*We work hard on making our patterns beautiful enough to  
meet your standards.*

*If you feel like sharing praise or helpful criticism, please  
send us your comments to [ask@fabrics-store.com](mailto:ask@fabrics-store.com)*